

# ROGUE MESSIAH

Getting to Know Jesus & Love Him

Pastor Toby Locke • BONUS • 3/15/2020



## Anchors in the Storm

Psalm 46

**Introduction:** Isn't it fascinating how an incredibly ancient piece of wisdom can speak so powerfully to a very contemporary need?

### Truth-Anchors for the Soul

- **God...is GOD.** (vs. 10)
- **God is PRESENT.** (vs. 1, 5, 7a, 11a)
- **God will HELP.** (vs. 1, 5, 8-9)
- **God has a PLAN.** (vs. 10)

### Responding to Our Truth-Anchors

- **Be STILL.** (vs. 10)
- **REFLECT on God's WORKS.** (vs. 8-9)
- **AFFIRM what you KNOW is true.** (vs. 10)
- **FIGHT your FEAR.** (vs. 1-3)

**Conclusion:** May we be faithful to bear witness to our world that there is a God worth trusting that they can turn to in times of trouble.

FIRST BAPTIST HORSEHEADS  
**LIFE GROUPS**



Debrief Plan: 3/15/2020

#### Icebreakers:

1. What is the sickest you can remember being as a kid? How did you get through it?
2. What is your favorite Psalm? Give reasons for your choice!

Sermon Summary: In times of trouble, we must anchor our souls to the truths that God is God, that God is present, that God will help us, and that God has a plan. This will lead us to respond to God by being still before Him, reflecting upon His works, affirming what we know is true, and fighting our fear. We do all this to ensure that we can bear witness to the world that our God is worth trusting in trouble.

Discussion Questions: (Read Psalm 46 aloud with your group to start.)

#### \*Truth-Anchors for the Soul

1. God delivers His truths to us in a variety of ways to help us stay steady in times of trouble— what are some of your favorites and how have they helped?
2. How can you tell that you or someone you know is looking to some other source besides God to be “their God”?
3. Can you think about a time when God was really present with you in the middle of a crisis? How could you tell it was God?
4. Can you think of any reasons why someone’s presence makes a challenge or a crisis less scary and more bearable?
5. Pastor Toby said that even if God doesn’t spare us suffering and pain, that he always comes to us to help us. What kinds of help does God often give?
6. Is it hard to believe that things are going “according to plan” when you are suffering for the opportunity to exalt God’s name in the world? If so, WHY is it hard to believe?

#### \*Responding to Our Truth-Anchors

7. Can you think of a time when you were forced to “be still” and even though you dreaded it, it turned out to be good for you? Tell the story!
8. Have you ever made a written record of some kind of God’s faithfulness to you in the past? How often do you rehearse it? Add to it?
9. Is there any benefit to affirming something to be true that you doesn’t match how you feel at that moment? If so, what are they?
10. What are some of your favorite and most effective ways to fight fear?